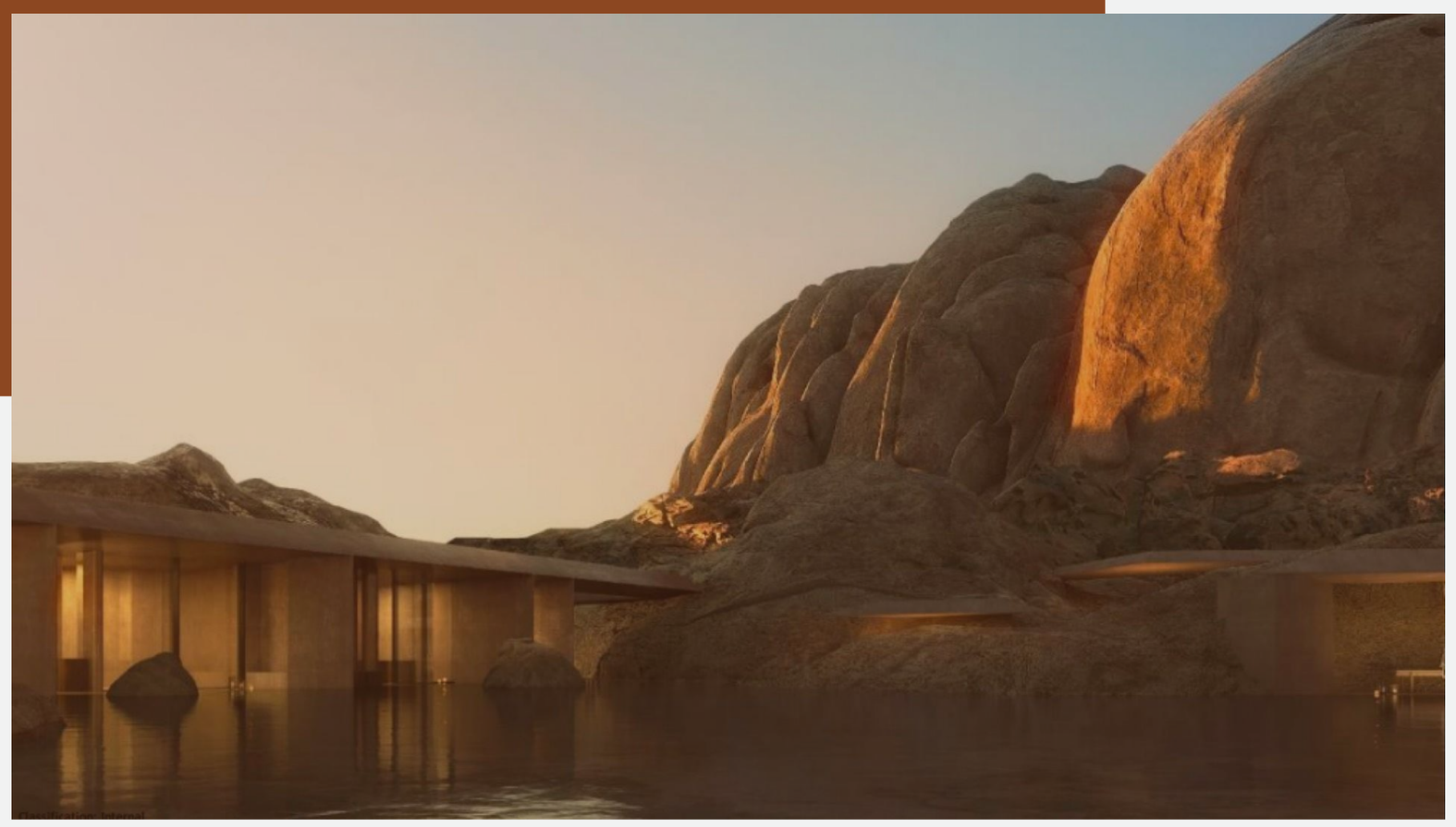
THE SPA

AT DESERT ROCK

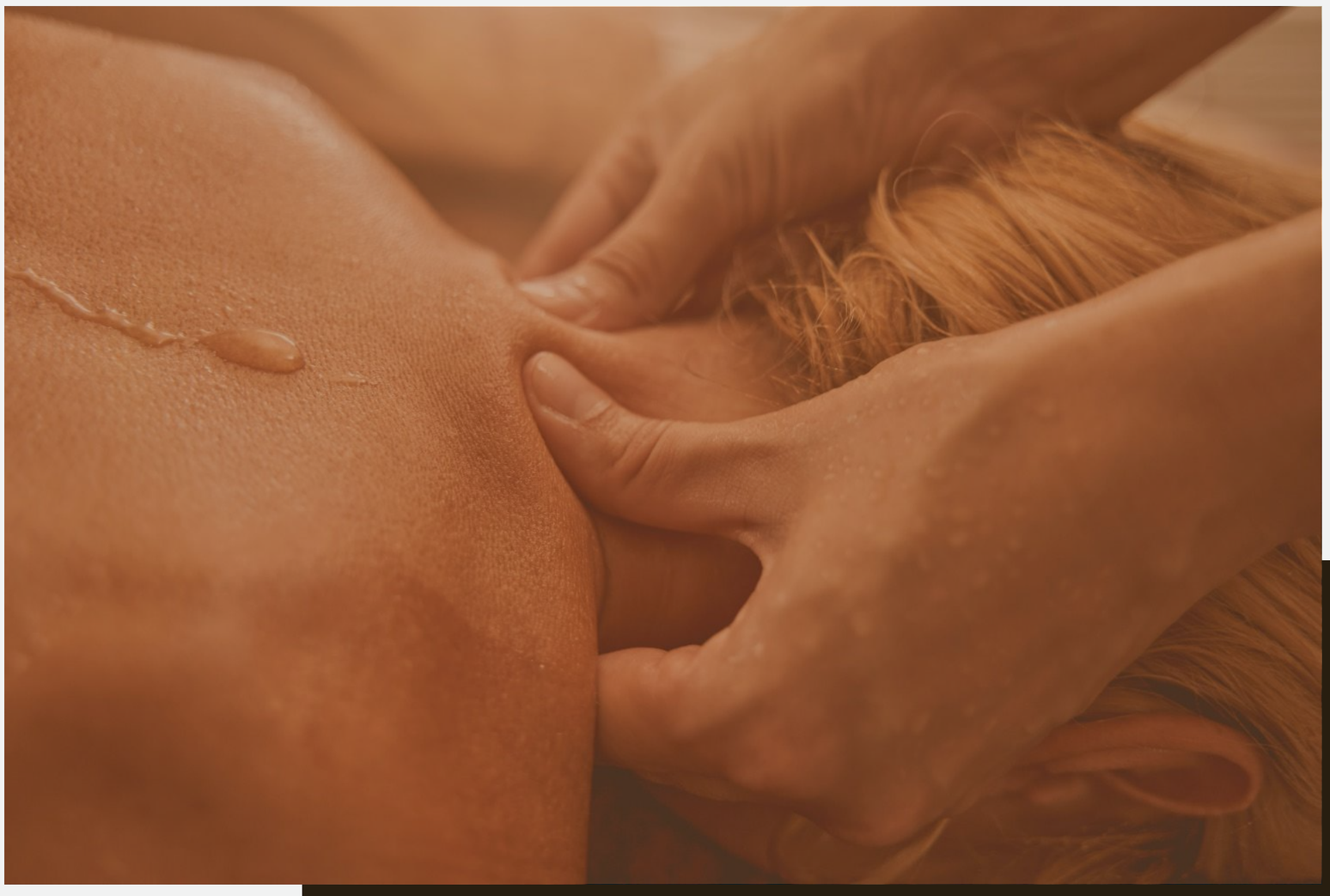
THE SPA

The Spa offers a thoughtfully curated selection of treatments inspired by the natural surroundings. Each experience is crafted with care, precision, and expertise, designed to relax the senses and provide a deep sense of escape. Our seven treatment rooms, including a private Hammam and a Moroccan-inspired Rhassoul and Vichy shower room, offer serene views of the lake and mountains, while our spa suites overlook the tranquil desert landscape.



THE SPA

AT DESERT ROCK



FEATURING DR BURGENER SWITZERLAND
AND AMRA SKINCARE

DR BURGENER SWITZERLAND

Is the pioneer in the ultimate customized skin care products and treatments, combining the latest technologies in anti-aging and the power of nature for immediate results. Dr Burgener Switzerland is dedicated to sustainability and ethical practices. The brand ensures that its products are not only effective but also environmentally friendly and cruelty-free.

AMRA SKINCARE FROM UK

Revolutionises the traditional spa experience by transforming it into a deeply personalised wellness journey tailored to the individual needs of each guest, through AMRA’s treatment consultation.
AMRA has pioneered an advanced treatment methodology that meticulously addresses the body's anatomical systems one by one, ensuring a comprehensive approach to balance and restoration.

THE SPA

AT DESERT ROCK

MASSAGES
by AMRA

LYMPHATIC DRAINAGE
60/90 minutes

Designed to reduce jet lag and water retention; while stimulating the Lymphatic system through light pressure techniques to promote a skin radiance from within.

DEEP MUSCLE REJUVENATION
60/90 minutes

A specialist technique designed to release deep muscular tension and stress, with deep pressure techniques to alleviate areas you wish to target

MATERNAL WELLBEING MASSAGE
60/90 minutes

This prescribed pre-natal massage is carefully designed to support the physiological and psychological changes of each trimester. The sequence enhances blood flow, reduces muscle tension, and promotes deep relaxation, helping to ease the various stresses and discomforts experienced throughout pregnancy.

MOONLIGHT METEORITE SIGNATURE MASSAGE
60 minutes

Immerse yourself in the Moonlight Meteorite Massage, featuring our signature oil infused with meteorite extract rich in powerful minerals and micro-cellular actives. Specialised techniques enhance circulation, support lymphatic drainage, and leave you deeply revitalised.

24KT GOLD PLATED HOT STONE MASSAGE
90 minutes

Our luxurious 24kt Gold-Plated Massage Stones melt away deep muscular tension through controlled heat release. Using medium to deep pressure and choreographed techniques, the stones work seamlessly with our highly active treatment oils to hydrate, nourish, and revitalize the skin.

SILVER-PLATED LUNAR MASSAGE
60 Minutes

Discover the calming allure of the night with AMRA's Silver-Plated Hot Stone Massage. Under the soft glow of moonlight, warm silver-plated stones and our bespoke Desert Rock treatment oil work together to release tension, restore balance, and deeply relax the body.

FACIALS

BY DR BURGENER SWITZERLAND

ROCK FIRM LIFT TREATMENT
90 minutes

Indulge in an advanced treatment that enhances firmness, smoothness, and hydration. Ultrasound waves boost collagen and elastin production, revitalizing the skin from within. This is followed by a hyaluronic acid and marine collagen mask to further improve firmness and deep hydration.

OASIS BRIGHTENING AND PIGMENTATION CORRECTOR
90 minutes

A rejuvenating facial enriched with pure Vitamin C pearls, glycolic acid, and fruit acids to visibly reduce pigmentation and even skin tone. Gentle peeling smooths the outer layers and softens fine lines, while antioxidant-rich ingredients protect the skin and enhance its natural glow.

ROYAL HYDRATION FACIAL
60 minutes

Experience deep rejuvenation with this nourishing treatment, powered by the rich vitamins, minerals, and amino acids of Royal Jelly and Honey. It deeply nourishes the skin, supports cell renewal, and enhances elasticity for a healthier, more radiant complexion.

By AMRA Skincare

FOR MEN METEORITE CLARITY FACIAL
60 minutes

The Meteorite Clarity Facial addresses key male skincare concerns using Meteorite, Volcanic Rock, and Cellactiv8 technology. These actives help combat free radicals, prevent premature ageing, smooth fine lines, and refine skin texture, revealing a brighter and healthier complexion.

BODY TREATMENTS

By Dr Burgener Switzerland

DESERT ROCK DETOX WRAP WITH VICHY SHOWER

90/120 minutes

Indulge in the ultimate revitalization with our luxurious body ritual. The finest Swiss Alp Salt exfoliates the skin, removing dead cells and impurities. This is followed by a remineralizing wrap, rich in minerals to deeply nourish the skin. The Vichy shower, a soothing cascade of water, enhances the therapeutic effects of the treatment and aiding in the absorption of active ingredients.

MIRAGE THERMAL RENEWAL

90 minutes

Indulge in our Mirage Thermal Renewal Treatment and emerge feeling refreshed, revitalized, and renewed. The unique blend of Menthol and Camphor in the cold Cryofit therapy, combined with the purifying touch of Swiss Alp salt, transform your body and spirit. The cold therapy in the hot desert environment provides a striking and beneficial contrast. It boosts Metabolism, enhances circulation and promote deep relaxation.

COUPLE TREATMENT

ARABIAN ROYAL RE RETREAT

180 minutes

A luxurious romantic escape for two, featuring a rejuvenating body exfoliation, a Grape Body Pearl wrap in the Rassoul Room, and a soothing Vichy shower. Essential oils enhance relaxation, followed by a gold, mineral, and pearl-infused facial for radiant skin. As a special gift, enjoy our Essential Travel Products Collection to continue the experience at home.

A NIGHT AT THE SPA

180 minutes

Experience the serenity of the night with after-hours exclusive access to the spa. Begin with a 60-minute detoxifying Hammam ritual, followed by a 60-minute Moonlight Meteorite Massage. Conclude with 60 minutes of uninterrupted time in the steam room, sauna, jacuzzi, vitality pool, and more. Embrace the tranquility of the night and leave feeling deeply revitalized.

HAMMAM

By AMRA

METEORITE HAMMAM

75 minutes

Your journey concludes with a full body cleanse and steam to draw out the impurities and soften the skin. Crushed Meteorite exfoliates the skin, followed by a full body kessa glove exfoliation. Warm Rhassoul Body Mask envelopes the body to nourish and hydrate. Your journey concludes as serum is massaged into the skin to rehydrate and protect against environmental pollution.

CELLULAR GOLD REJUVENATION HAMMAM

75 minutes

Your journey concludes with a full body cleanse with Cellular Gold exfoliation and steam to remove the impurities. Warm Rhassoul Body Mask envelopes the body to nourish and hydrate with Moroccan Lava Clay. Your journey concludes with Cell Rejuvenating Body Cream is massaged into the skin.

ADD ON

By Dr Burgener Switzerland

HYDRA FILLER MASK
20 minutes

The fine structure of the bio-cellulose mask, obtained by the natural fermentation of coconut water, provides a feeling of a second skin, and delicately deposits the active serum on the skin. The moisturizing effect of hyaluronic acid and collagen offers the skin a rejuvenating moment.

EYES ANTI-PUFFINESS AND DARK CIRCLES BY DR BURGENER SWITZERLAND
20 minutes

The fine bio-cellulose structure of the patches provides a feeling of a second skin on the eye contour. The Actiflow combined with Hamamelis extract reduce the tiredness of eye area. The look is relaxed in a pleasant sensation of freshness and comfort.

By AMRA Skincare

FACE YOGA
30 minutes

The Signature sculpt combines our muscle manipulation techniques for a powerhouse face sculpting session that will lift, firm and sculpt the skin. The workout stimulates collagen production, improves circulation, aids lymphatic drainage and enhances definition of the facial contours.

BESPOKE BODY POLISH
30 minutes

Designed to smooth, brighten and hydrate, your journey concludes with the ultimate in hydration, with one of our luxury body creams to retain the skin's natural moisture.

AMRA MASK BAR

- Hydra-stem Molecular Sheet Mask
- Cryo Ultra-sculpt Sheet Mask
- AMRA Contouring Eye Mask

NAIL TREATMENTS

EXPRESS MANICURE
30 minutes

A refreshing manicure focused on essential nail care, including nail shaping, cuticle removal, buffing, gentle exfoliation, and moisturizing. No nail polish application included.

EXPRESS PEDICURE
30 minutes

An efficient yet revitalizing pedicure focusing on essential foot care, including nail shaping, cuticle and callus removal, buffing, exfoliation, moisturizing, and a relaxing foot massage. No nail polish application included.

CLASSIC MANICURE
60 minutes

A complete manicure experience featuring nail shaping, cuticle care, buffing, exfoliation, a nourishing hand mask, moisturizing, and a gentle hand massage, finished with a classic nail polish application.

CLASSIC PEDICURE
60 minutes

A complete pedicure experience including nail shaping, cuticle care, buffing, exfoliation, a nourishing foot mask, moisturizing, and a gentle foot massage, finished with a classic nail polish application.

FITNESS AND WELLNESS

PERSONAL FITNESS TRAINING

1 hour

Whatever your goal, be it to improve overall fitness and wellness, improve endurance or to gain strength and guidance for a lifestyle change, our wellness instructors will work with you to ensure that you focus on customised exercises to help you reach your full potential.

PRIVATE YOGA SESSION

1hour

A personalized yoga experience tailored to your individual needs and level. Guided by our expert instructor, this private session focuses on mindful movement, breathing, and relaxation while reconnecting with body and mind in the tranquil surroundings of the Desert Rock mountains.

SPA ETIQUETTE

HOMECARE

Continue your spa regimen at home with our spa boutique's range of treatment products, lifestyle items, and souvenirs.

DIGITAL DISCONNECTION

For a tranquil spa experience, please turn off your mobile devices and store them in your locker. Photos or filming in guest areas are prohibited without prior approval.

SPA ARRIVAL

Please check in at Spa Reception at least 30 minutes before your first appointment to discuss treatment expectations and enjoy our heat and water oasis. Late arrivals will not extend treatment time.

AGE REQUIREMENT

The minimum age requirement to access the spa is 16 years of age.

OPENING HOURS

Fitness Centre: 24/7
Fitness Trainer available: 7am-7pm
Spa Treatments: 10am-9pm

SPA RESERVATIONS

For spa inquiries or reservations, please contact your villa host or spa reception. Advance bookings are recommended to secure your preferred time.

CANCELLATIONS AND RESCHEDULING

To cancel or reschedule, please provide at least 24 hours' notice. Cancellations made 12–24 hours prior will incur a 50% fee, and no-shows or cancellations within 12 hours will be charged 100%.

PRICES

MASSAGES

Moonlight Meteorite Signature Massage 60/90 min	980/1280
24kt Gold Plated Hot Stone Massage 90 min	1480
Lymphatic Drainage 60/90 min	980/1280
Deep Muscle Rejuvenation 60/90 min	980/1280
Maternal Wellbeing Massage 60/90 min	980/1280
Silver-Plated Lunar Massage 60 min	1080

FACIALS

By Dr Burgener Switzerland

Rock Firm Lift Treatment 90 min	1880
Oasis Brightening and Pigmentation Corrector 90 min	2480
Royal Hydration Facial 60 min	1380

By AMRA SKINCARE

For Men Meteorite Clarity Facial 60 min	1380

BODY TREATMENTS

Desert Rock Detox Wrap with Vichy Shower 90/120 min	1880/2480
Mirage Thermal Renewal 90 min	1880
An Arabian Royal Retreat for Two 180 min	4680
A Night at The Spa for Two 180 min	6800

HAMMAM

Meteorite Hammam 75 min	1280
Cellular Gold Rejuvenation Hammam 75 min	1280

ADD ON

Hydra Filler Mask by Dr Burgener 20 min	480
Eyes Anti-Puffiness and Dark Circles by Dr Burgener 20 min	480
Face Yoga 30 min	480
Bespoke Body Polish 30 min	480

NAIL TREATMENTS

Express Manicure 30 min	190
Express Pedicure 30 min	240
Classic Manicure 60 min	350
Classic Pedicure 60 min	460

FITNESS AND WELLNESS

Personal Fitness Training 1 hour	480
Private Yoga Session	580

All Prices in ﷼ (Saudi Riyal)
Price is including 15% Government VAT.