

THE SPA

The Spa offers a thoughtfully curated selection of treatments inspired by the natural surroundings. Each experience is crafted with care, precision, and expertise, designed to relax the senses and provide a deep sense of escape. Our seven treatment rooms, including a private Hammam and a Moroccan-inspired Rhassoul and Vichy shower room, offer serene views of the lake and mountains, while our spa suites overlook the tranquil desert landscape.



THE SPA

AT DESERT ROCK



FEATURING DR BURGNER SWITZERLAND AND AMRA SKINCARE

DR BURGNER SWITZERLAND

Is the pioneer in the ultimate customized skin care products and treatments, combining the latest technologies in anti-aging and the power of nature for immediate results. Dr Burgener Switzerland is dedicated to sustainability and ethical practices. The brand ensures that its products are not only effective but also environmentally friendly and cruelty-free.

AMRA SKINCARE FROM UK

Revolutionises the traditional spa experience by transforming it into a deeply personalised wellness journey tailored to the individual needs of each guest, through AMRA's treatment consultation. AMRA has pioneered an advanced treatment methodology that meticulously addresses the body's anatomical systems one by one, ensuring a comprehensive approach to balance and restoration.

THE SPA

AT DESERT ROCK

Lymphatic Drainage

60/90 minutes

Designed to reduce jet lag and water retention; while stimulating the Lymphatic system through light pressure techniques to promote a skin radiance from within.

Deep Muscle Rejuvenation

60/90 minutes

A specialist technique designed to release deep muscular tension and stress, with deep pressure techniques to alleviate areas you wish to target

Maternal Wellbeing Massage

60/90 minutes

This prescribed pre-natal massage, carefully sequenced to address the distinct physiological and psychological changes that occur throughout each trimester of pregnancy. The unique sequence is designed to optimise blood flow, reduce muscle tension, and promote relaxation, effectively alleviating the varied stresses and discomforts experienced during the different stages of pregnancy.

Moonlight Meteorite Signature Massage

60 minutes

Immerse yourself in the transformative power of the Moonlight Meteorite Massage, using our signature treatment oil, infused with meteorite extract harnessing extraordinary mineral content and micro cellular actives. As your journey unfolds, specialised massage techniques work with enhancing blood flow, supporting lymphatic drainage, and leaving you profoundly transformed and revitalised.

24kt Gold Plated Hot Stone Massage

90 minutes

Our luxurious 24kt Gold Plated Massage Stones, relieve deep muscular tension through controlled heat release. Targeting your bespoke areas of concern with medium to deep pressures. With choreographed technique, the 24kt Gold stone designed to work anatomically alongside the highly active treatment oils to hydrate and nourish the skin.

FACIALS

By Dr Burgener Switzerland

Rock Firm Lift Treatment

90 minutes

Indulge in an innovative treatment designed to enhance firmness, smoothness, and hydration. The session starts with ultrasound waves, which stimulate the skin's natural collagen and elastin production, revitalizing it from the inside out. Following this, enjoy the rejuvenating benefits of hyaluronic acid and marine collagen with the Collagen Mask, enhancing both firmness and hydration levels.

Oasis Brightening and Pigmentation Corrector

90 minutes

A rejuvenating facial infused with pure Vitamin C pearls, Glycolic Acid, and Fruit Acid to visibly reduce pigmentation and harmonize your skin tone, revealing a radiant glow. Gentle peeling action revitalizes the outer layers, diminishing fine wrinkles. Antioxidant-rich ingredients further shield your skin from free radicals, offering enhanced protection.

Royal Hydration Facial

60 minutes

Experience the ultimate rejuvenation with this nourishing treatment, expertly crafted to harness the potent benefits of Royal Jelly and Honey. Rich in vitamins, minerals, and amino acids, it deeply nourishes the skin, promoting cell renewal and enhancing elasticity.

By AMRA Skincare

For Men Meteorite Clarity Facial

60 minutes

The Meteorite Clarity Facial targets male skincare concerns. The active technology of Meteorite, Volcanic Rock, and Cellactiv8 dynamically work to fight free radicals to prevent premature ageing, diffuse fine lines and wrinkles whilst redefining the skin's texture, revealing brighter, younger and healthier skin.

BODY TREATMENTS

By Dr. Burgener Switzerland

Desert Rock Detox Wrap with Vichy Shower

90/120 minutes

Indulge in the ultimate revitalization with our luxurious body ritual. The finest Swiss Alp Salt exfoliates the skin, removing dead cells and impurities. This is followed by a remineralizing wrap, rich in minerals to deeply nourish the skin. The Vichy shower, a soothing cascade of water, enhances the therapeutic effects of the treatment and aiding in the absorption of active ingredients.

Mirage Thermal Renewal

90 minutes

Indulge in our Mirage Thermal Renewal Treatment and emerge feeling refreshed, revitalized, and renewed. The unique blend of Menthol and Camphor in the cold Cryofit therapy, combined with the purifying touch of Swiss Alp salt, transform your body and spirit. The cold therapy in the hot desert environment provides a striking and beneficial contrast. It boosts Metabolism, enhances circulation and promote deep relaxation.

Couple Treatment

Arabian Royal Retreat

180 minutes

A luxurious, romantic escape designed for two. This indulgent package includes a rejuvenating body exfoliation, a Grape Body Pearl wrap in the Rassoul Room, and a soothing Vichy shower. A blend of essential oils is applied for ultimate relaxation, followed by a gold, mineral, and pearl-infused facial for radiant skin. As a special gift, enjoy our exclusive Essential Travel Products Collection to continue the rejuvenation at home.

A Night at The Spa

180 minutes

Experience the serenity of the night with after-hours exclusive access to the spa. Begin with a 60-minute detoxifying Hammam ritual, followed by a 60-minute Moonlight Meteorite Massage. Conclude with 60 minutes of uninterrupted time in the steam room, sauna, jacuzzi, vitality pool, and more. Embrace the tranquility of the night and leave feeling deeply revitalized.

HAMMAM RITUALS

BY AMRA

Meteorite Hammam

75 minutes

Your journey concludes with a full body cleanse and steam to draw out the impurities and soften the skin. Crushed Meteorite exfoliates the skin, followed by a full body kessa glove exfoliation. Warm Rhassoul Body Mask envelopes the body to nourish and hydrate. Your journey concludes as serum is massaged into the skin to rehydrate and protect against environmental pollution.

Cellular Gold Rejuvenation Hammam

75 minutes

Your journey concludes with a full body cleanse with Cellular Gold exfoliation and steam to remove the impurities. Warm Rhassoul Body Mask envelopes the body to nourish and hydrate with Moroccan Lava Clay. Your journey concludes with Cell Rejuvenating Body Cream is massaged into the skin.

By Dr Burgener Switzerland

Hydra Filler Mask

20 minutes

The fine structure of the bio-cellulose mask, obtained by the natural fermentation of coconut water, provides a feeling of a second skin, and delicately deposits the active serum on the skin. The moisturizing effect of hyaluronic acid and collagen offers the skin a rejuvenating moment.

Eyes Anti-Puffiness and Dark Circles by Dr Burgener Switzerland

20 minutes

The fine bio-cellulose structure of the patches provides a feeling of a second skin on the eye contour. The Actiflow combined with Hamamelis extract reduce the tiredness of eye area. The look is relaxed in a pleasant sensation of freshness and comfort.

By AMRA Skincare

Face Yoga

30 minutes

The Signaturesculpt combines our muscle manipulation techniques for a powerhouse face sculpting session that will lift, firm and sculpt the skin. The workout stimulates collagen production, improves circulation, aids lymphatic drainage and enhances definition of the facial contours.

Bespoke Body Polish

30 minutes

Designed to smooth, brighten and hydrate, your journey concludes with the ultimate in hydration, with one of our luxury body creams to retain the skin's natural moisture.

AMRA Mask Bar

- Hydra-stem Molecular Sheet Mask
- Cryo Ultra-sculpt Sheet Mask
- AMRA Contouring Eye Mask

Personal Fitness Training

1 hour

Whatever your goal, be it to improve overall fitness and wellness, improve endurance or to gain strength and guidance for a lifestyle change, our wellness instructors will work with you to ensure that you focus on customised exercises to help you reach your full potential.

Private Session

45 minutes

Olfactory Yoga

Embark on a journey of mind purification as your daily stresses drift into distance. Your experience commences with a signature opening ceremony to cleanse the energy and crown chakra, followed by a sequence to connect your mind and body. Our Olfactory Yoga captures positive emotions, encapsulating our traditional Yoga into your prescribed fragrance accord. Discover this experience during the warm desert sunrise.

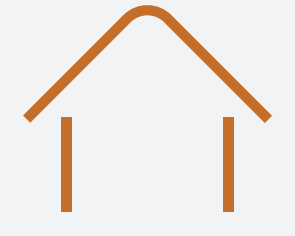
Olfactory Meditation

The art of breathing is discovered with our Olfactory Meditation. You will be escorted to the pavillion, where you can experience the journey through a signature Mango Tea, followed by Olfactory Meditation choreographed to focus on your breathing techniques, whilst purifying, balancing and relaxing the mind.

Moonlight Meteorite Yoga

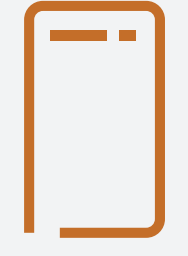
Experience the transformative Moonlight Meteorite Yoga. Held under the serene glow of moonlight, the scientifically formulated olfactory pulse oils, facilitating a deeper connection between body, mind, and the cosmos. Through a carefully curated sequence of movements, each posture and breath work targets the body's systems, promoting the elimination of toxins and enhancing cellular renewal. Embark on a journey, merging the ancient practice of yoga with the luxurious pursuit of ultimate wellness and vitality.

Homecare



Continue your spa regimen at home with our spa boutique's range of treatment products, lifestyle items, and souvenirs.

Digital Disconnection



For a tranquil spa experience, please turn off your mobile devices and store them in your locker. Photos or filming in guest areas are prohibited without prior approval.

Spa Arrival



Please check in at Spa Reception at least 30 minutes before your first appointment to discuss treatment expectations and enjoy our heat and water oasis. Late arrivals will not extend treatment time.

Age Requirement



The minimum age requirement to access the spa is 16 years of age.

Opening Hours



Fitness Centre: 24/7

Fitness Trainer available: 7am ___ 7pm

Spa Treatments: 10am ___ 9pm

Spa Reservations



For spa inquiries or reservations, please contact your villa host or spa reception. Advance bookings are recommended to secure your preferred time.

Cancellations And Rescheduling



To cancel or reschedule, please provide at least 24 hours' notice. Cancellations made 12–24 hours prior will incur a 50% fee, and no-shows or cancellations within 12 hours will be charged 100%.

Gift Cards



Our gift cards are an ideal gift and are available online.

PRICES

MASSAGES

Moonlight Meteorite Signature Massage 60 min	880
24kt Gold Plated Hot Stone Massage 90 min	1580
Lymphatic Drainage 60/90 min	880/1180
Deep Muscle Rejuvenation 60/90 min	880/1180
Maternal Wellbeing Massage 60/90 min	880/1180

FACIALS

By Dr Burgener Switzerland	1650
Rock Firm Lift Treatment 90 min	2200
Oasis Brightening and Pigmentation Corrector 90 min	1200
Royal Hydration Facial 60 min	1200

By AMRA SKINCARE

For Men Meteorite Clarity Facial 60 min	1200
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BODY TREATMENTS

Desert Rock Detox Wrap with Vichy Shower 90/120 min	1650/2200
Mirage Thermal Renewal 90 min	1650
An Arabian Royal Retreat for Two 180 min	4800
A Night at The Spa for Two 180 min	6500

HAMMAM RITUALS by AMRA SKINCARE

Meteorite Hammam 75 min	1100
Cellular Gold Rejuvenation Hammam 75 min	1100

ADD ON

Hydra Filler Mask by Dr Burgener 20 min	400
Eyes Anti-Puffiness and Dark Circles by Dr Burgener 20 min	400
Face Yoga 30 min	500
Bespoke Body Polish 30 min	500

AMRA MASK BAR

Hydra-stem Molecular Sheet Mask	320
Cryo Ultra-sculpt Sheet Mask	320
AMRA Contouring Eye Mask	320

FITNESS AND WELLNESS

Personal Fitness Training 1 hour	450
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Private Session

Olfactory Yoga 45 min	500
Olfactory Meditation 45 min	500