

# A NEW ERA OF HOLISTIC WELLNESS.



## Experience Dr. Kim's Five Senses Therapy at Shebara.

Enter a new frontier of integrative healing with Dr. Kim Joo Taebaek, a visionary wellness practitioner with dual PhDs in Sports Medicine and Traditional Chinese Medicine, and a Diploma in Osteopathy.

From Korea to Belgium, and then across the world, Dr. Kim has spent decades uniting the wisdom of East and West guiding athletes, royals, and seekers alike toward physical renewal and inner balance.

At Shebara, Dr. Kim introduces Five Senses Therapy, a sensory-based experience that activates sight, sound, touch, taste, and smell to restore balance across body and mind.

### Each session includes:

- Postural analysis and assessment
- Personalised recovery roadmap
- Deep pain and tension release
- Improved alignment, energy flow, and emotional clarity.

### Pricing:

- 60 Minutes - 1100 SAR
- 90 Minutes - 1500 SAR
- Bespoke group pricing available.

Prices are subject to 15% VAT.

**Book now & discover your balance. Begins from May 9 to June 7, 2025.**